

## Minutes of committee meeting held on 31<sup>st</sup> March 2025 at Northgate Community Centre @ 19.00

### Members present

James Mason	y	Jim Scott	N	Stella Daff	N	David Penfold	Y
Richard Daniells	Y	Luke Taylor	Y	Clare Hall	Y	Dan Smiles	N
Roy Swetman	N	Martyn Flint	Y	Paul Luttman	Y	Nicky Wilson	Y
Lesley Bryant	y	Debby Scott	N	Nina Ware	Y		

### Chairman (James)

- No issues regarding this year's Tilgate 5
- We are asking, but not officially, for volunteers to marshal at the 3 Forts Races

### Secretary (Richard)

- Derek notified us that Graham Rideout, one of the club's founder members has died. Richard has written a small article for the newsletter with info from Derek.
- It was agreed for the club to donate £20 to the Alzheimer's Society.
- Derek has also sent info to the Crawley Observer re Graham
- Nicky will find out the date of the funeral through her connections with the Alzheimer's Society
- It was mentioned to Richard that one of our runners had an accident at the Horley Harriers track session, and the Coach / Run Leader immediately brought up their Accident form on their phone. Richard to send our Accident Form to Richard B so it can be adapted and issued to our Run Leaders for use in the future for training and the Tilgate 5.
- There was an incident at a recent WSFRL race where one of our runners did not visibly wear a club top and their number. This was mentioned to them on the day, but they were not happy with the way it was pointed out and an unfactual message was sent to one the committee via Social Media. The runner has been advised to ensure both their club top and number are visible throughout all club races going forward.

### Run Leaders meeting (Richard Bryant)

- Richard attended the meeting to give a summary of the recent Coaches / Run Leaders meeting
  - Very good winter sessions, for the first time covering Tuesdays and Thursdays
  - We are offering more structured sessions with a variety of technical sessions available
  - We are also now offering occasional daytime runs starting around 9.15am
  - We will put on Boroughs Runs approximately once a month, and no other sessions will be hosted on that evening.
  - Handicap Race will be 19<sup>th</sup> August

### SCAA (Paul)

- Sussex Road Relays are on Easter Saturday, Paul has posted a Spond invite.
- We will have a relay training session the week before the Road Relays

#### Membership / UKA (Lesley)

- Three new members in March.
- Lesley to send an email / spond notification re next years membership.
- All UKA members to be reminded to accept the terms of conduct
- Lesley has sent Roy a request to pay Goffs Social Club for Awards afternoon.

#### Kit (Martyn)

- Kit is taking 4 – 5 weeks to arrive
- Ladies should order one size larger than normal for a better fit.

#### Social (Stella / Clare)

- Good attendance at the recent Lloyd Park parkrun tourism

#### SGP (Jim)

- The cancelled Hastings Half has been rescheduled for the same day as the Lewes 10 miles. This will now not be an SGP event this year.
- SGP Committee meeting next week to decide on replacement race.

#### WSFRL (Luke)

- We had 25 runners at the Fittleworth race after the late cancellation of the Hastings Half.
- Next race is the Lewes 10k on 21<sup>st</sup> April
- 5 – 10k course is going well.
- Tilgate 5 ARC insurance has now been paid..

#### News (Nicky)

- Nicky reported that Microsoft will be ending support for Publisher in October next year. This will mean the newsletter will need to be published using different software.

#### AOB

- Runner of the Month
  - After discussion it was agreed the runner of the month for March is Louise Mitchell
- Awards
  - £250 was raised from the raffle at the Awards event towards Sean Heard's Marathon fund for St Catherine's Hospice
- Parkrun
  - Darren Hunt's planned 500<sup>th</sup> parkrun is due to take place on 14<sup>th</sup> June. He is hoping to run a parkrun PB and Sky and Jim Williams have agreed to pace him towards this

Next meeting is Monday 28<sup>th</sup> April 2025 at 7.00pm, at Northgate Community Centre