

## Minutes of committee meeting held on 28<sup>th</sup> September 2023 at Goffs Manor @19.00

### Members present

James Mason	Y	Jim Scott	Y	Stella Daff	Y	David Penfold	Y
Richard Daniells	Y	Luke Taylor	Y	Clare Hall	Y	Dawn Rhodes	N
Roy Swetman	N	Martyn Flint	Y	Paul Luttman	Y	Nicky Wilson	N
Lesley Bryant	Y	Debby Scott	Y	Louise Mitchell	Y		

#### Chairman (James)

- Tilgate 5 washup will be dealt with under AOB

#### Secretary (Richard)

- Has received a few new runner queries
- New code sent to Nicky
- Richard reminded everyone that year end is 30<sup>th</sup> September and to get all payments and invoices to Roy by then

#### Membership / UKA (Lesley)

- Three new members
- Lesley will be the volunteer co-ordinator for the parkrun takeover Lots of take up so far
- UKA have announced increase in fees from April 2024. Individual fees up to £19 from £17. Club fees up to £200 from £150

#### WSFRL (Luke)

- So far we have 19 runners for Walstead
- WSFRL AGM is on Saturday 18<sup>th</sup> November
- Luke shared points from the half year AGM which we were unable to attend

#### Suggestions / Social (Stella)

- Social meet at the Coaching Halt next Thursday
- Oktoberfest at Southgate park the next week
- Parkrun tourism on 21<sup>st</sup> October at Lullington (Clare)
- Investigating Lunar trail run for June next year. 12 and 24 hour options are available (Clare)

#### SGP (Jim)

- Good turnouts in recent races
- Lewes and Hove in October
- One of our runners has not been wearing club colours at SGP races. Richard asked to send them an email informing them they risk not getting SGP points for races if this is repeated.

#### Kit (Martyn)

- Website has a new Cross Country page and mentions track sessions with Horley Harriers

- Martyn has spoken with Uckfield runners who are having the same issue in obtaining yellow ladies top. Martyn will try a new wholesaler and see if a solution can be obtained

#### Welfare / L2R (Debby)

- 5 – 10k course is going well and graduation will be at the Hove 10k SGP race. Medals to be obtained for graduates and presented at Tilgate parkrun on 21<sup>st</sup> October
- Boroughs runs will resume on suitable courses in the winter
- Debby to ensure run leaders have taken and are up to date with all required courses
- Debby to write an article for the newsletter asking for a volunteer for a male Welfare Officer as both male and female are recommended by England Athletics

#### SCAA (Paul)

- Paul now has access to mailchimp
- One mens and one ladies teams for the Sussex Championships
- Other cross country dates have been published.
- A survey has been sent out regarding changing training from Monday and Wednesday to Tuesday and Thursday. The latter proved much more popular than our current days. After a discussion including clashing with track sessions, this will be explored for the new year.
- Run leaders will meet in November to discuss further and confirm Run Leader availability.
- It was also agreed to try one Wednesday session a month from Manor Royal as some runners have issues getting to Oriel for sessions.

#### AOB

- Runner of the Month. After discussion and a vote, the Runner of the Month is Andrew Dunn
- AGM is on December 4<sup>th</sup> and James to book venue with Crawley Council
- Tilgate 5 washup
  1. The minutes from the Tilgate 5 washup meeting were sent out with the agenda and discussed.
  2. Further to the recommendations from that meeting and in addition to signage, it was agreed to have an additional marshal near the Smith and Western car park to point runners towards the start.
  3. The recommendations from the washup meeting will be applied for next years race.

Next meeting will be at Goffs Manor on Thursday 26<sup>th</sup> October 2023 @ 19.00 (already booked and confirmed)