# Minutes of committee meeting held on 29<sup>th</sup> April 2024 at Gossops Green Community Centre @19.00

## Members present

James Mason	Υ	Jim Scott	N	Stella Daff	N	David Penfold	Υ
Richard Daniells	Υ	Luke Taylor	N	Clare Hall	Υ	Dan Smiles	Υ
Roy Swetman	Υ	Martyn Flint	Υ	Paul Luttman	Υ	Nicky Wilson	Υ
Lesley Bryant	Υ	Debby Scott	Υ	Nina Ware	Υ		

## Chairman (James)

- Tilgate 5 Permission received from Tilgate Park, but no permit issued. Also Forestry Commission, confirmed but no permit yet.
- We are required to have First Aid cover. St Johns terms are not acceptable, Medi 4
  have been a[[roached, their charges are approx. £600. We will raise race fee to £5 /
  £7 to cover costs.

## Secretary (Richard)

- Emails sent out re London Marathon 2025 club draw and Honorary Membership.
- Received an email from someone who had been training before and wants to come back in June. Nina knows her and will make contact.
- Next meeting is due on a Bank Holiday. Agreed to amend to Wednesday 28<sup>th</sup> at Northgate after the core fitness session. Martin to contact council to extend booking.
- Richard to contact Tilgate parkrun re potential volunteer takeover one event.

## Membership / UKA (Lesley)

- UKA Club Standards have been clarified by UKA and we need to comply. A discussion
  was had, templates are available from the UKA website, and work will be carried out
  to ensure we meet all standards. We may need to amend the constitution and revisit
  certain sections.
- Members who haven't rejoined have been purged from Spond and Club Social Media.
- We have over 130 members so far.

## Tresurer (Roy)

 Agreement was made that our WSFRL profit should be split between the three previously agreed charities. Kilmarnock Horse Rescue, Olive Tree and Rescue Remedies for Dogs

#### WSFRL (Luke)

- We had 23 runners for Lewes on Easter Monday, and so far have 11 for Portslade Hedgehoppers (which clashes with Horsham 10k SGP, and Run Gatwick).
- Fittleworth have re-arranged their cancelled event, and this clashes with the Horsham Round at the end of August.

#### Suggestions / Social (Stella)

No new Social events planned at the moment

- Two more parkrun tourism dates arranged forLittlehampton and Orpington (Clare)
- Clare to contact Wakehurst parkrun regarding providing a number of volunteers for one event. This is a new local parkrun and very positive feedback has been given by all that have ran it so far.

## SGP (Jim)

- We have eleven runners for the Haywards Heath 10m race and so far over 20 for the Horsham 10k.
- Three events in May, Haywayds Heath 10 miles, Horsham 10k, and Rye 5 miles

## Kit / Website (Martyn)

- Martyn has managed to obtain ladies t-shirts. Clare and Nina volunteered to try these for size and would feed back to Martyn.
- New kit has arrived for distribution.

#### Welfare (Nina /Dan)

Dan was unsure that all the courses recommended by UKA needed to be taken. A
discussion took place referencing the Club standards required and as both Dan and
Nina are primary Welfare Officers of the club, they both need to take all
recommended courses.

## SCAA (Paul)

- Our teams performed well in the Sussex relays at Preston Park
- Paul is signed up for the full Coaching course

## Media (Nicky)

- Reports received for next newsletter
- No leaks this month for the sportsshoes discount code.

#### AOB

- Debby suggested we run a competition to design a new club logo. This will be publicised in the June newsletter
- After discussion and a vote the runner of the month for March is Kerry Jones.

Next meeting is likely to be Wednesday 29<sup>th</sup> May at 7.30pm, at Northgate Community Centre after the Core Fitness session. Meeting needs to be finished by 8.30pm