

Minutes of committee meeting held on 24th February 2022 at Goffs Manor @19.00

Members present

James Mason	N	Jim Scott	N	Stella Daff	Y	David Penfold	N
Richard Daniells	Y	Luke Taylor	Y	Clare Hall	Y	Dawn Rhodes	N
Roy Swetman	N	Martyn Flint	Y	Paul Luttman	Y	John Evans	Y
Lesley Connelly	Y	Debby Scott	N	Sarah Clapp	N		

Minutes of January meeting agreed (subject to one section being moved) - Done

Secretary (Richard)

- Run / Walk on Mondays is going well. Runners should be fit enough to at least be able to walk 3 to 4 Km
- Mental Health / PTSD talk invite sent to the club and has been distributed via Social Media to members
- We have been in touch with Shokz who are prepared to offer a couple of pairs of free bone conducting headphones to members. They have so far set up three meetings but not sent us an invite to any of them

Membership / UKA (Lesley)

- UKA have sent out new requirements to clubs regarding club officials and Run Leaders / Coaches
- All clubs must have an appointed Welfare Officer
- All Rlers / Coaches must have a UKA First Aid qualification by April 1st. The cost of this is £15 and the club will pay. To be communicated further at next Rlers meeting

Training (Paul)

- We have seven runners entered for the English National Cross Country Championships at Parliament Hill on 26th February.
- Summer programme has been sent out

Social (Clare)

- Tilgate Tidy was cancelled because of the storms.
- March parkrun tourism is at Lancing Green
- Band is booked for October 1st for the 40th anniversary celebrations but venue not yet decided.
- Next breakfast run is at Three Bridges
- Quote has been received on the cost of a club drawstring bag
- Further discussion on a 40th anniversary relay and party / event

WSFRL (Luke)

- Good turnout of the CRC league event with our Juniors having 1st and 2nd boy and 1st girl finishers
- Luke asked about a four legged flag stand and was asked to get quotes and bring them back
- We need insurance for the Tilgate 5 as the league no longer offer group insurance. Luke to get quotes.

SGP (Jim)

- First race of the season will be the Hastings Half on 20th March.
- Jim has asked the league about the AGM to confirm all dates, and if an annual fee is due, but as yet no response.

Kit (Martyn)

- Martyn is now setup and using mailchimp to communicate kit emails.
- Also looking at new Kit suppliers, including ones where members can order directly.

Suggestions (Stella)

- We have received info about original members of the club (from 1982) who maybe interested in attending part of the 40th anniversary celebrations. Stella will check with Brian and Peter that the names suggested were part of the original club.

AOB

- Learn to Run course will start on 28th March, and Ian has produced draft flyers for Social Media and the website. Richard will provide Debby a list of those who started the 2020 course which was uncompleted due to COVID loackdown.

Next meeting will be at Goffs Manor on Thursday 31st March @ 19.00