

Minutes of committee meeting held on 17th January 2024 at Goffs Manor @19.00

Members present

James Mason	Y	Jim Scott	N	Stella Daff	Y	David Penfold	Y
Richard Daniells	Y	Luke Taylor	Y	Clare Hall	Y	Dan Smiles	Y
Roy Swetman	Y	Martyn Flint	Y	Paul Luttman	Y	Nicky Wilson	N
Lesley Bryant	Y	Debby Scott	Y	Nina Ware	Y		

Chairman (James)

- James has started his online Run Leader training

Secretary (Richard)

- Richard welcomed Dan and Nina, the two new Welfare officers to the committee
- All third Wednesday dates are free from races except for July when the committee meeting will need to be held on an alternate date.

Membership / UKA (Lesley)

- We have had a few new members and these have been added to mailchimp and notified to Nicky for the newsletter

Treasurer (Roy)

- Flowers sent to Jess as an appreciation for auditing the club accounts for end of year

WSFRL (Luke)

- We had 31 runners for the New Years Day hangover race
- So far we have 21 runners for the CRC race
- One new club in this years WSFRL, West Worthing Runners although they will not host a race this year
- Luke will email Dave Cook again re his outstanding balance for WSFRL races
- Learn to Run has 6 taking part, although one has had to drop out due to injury

Suggestions / Social (Stella)

- Curry buffet arranged for 5th February
- Tilgate Tidy arranged for February 17th (Clare)
- Further track dates added (Clare)
- Two more parkrun tourism dates arranged for Uckfield and Lancing Green

SGP (Jim)

- There is currently no chairman of the SGP for 2024
- Three new proposed races will not be SGP races due to Chairman issues
- Subs not yet decided for 2024

Kit / Website (Martyn)

- 14 attended the first fitness session
- Jo has tested the new kit and it does come out slightly small
- Frank has suggested another supplier, but very expensive
- Martyn is tidying up website and setting up new email addresses on the new domain
- Richard will send over constitution changes to be added to the website

Welfare (Nina /Dan)

- Debby has given Dan and Nina details of Welfare courses.
- Dan and Nina to write an introduction about themselves for the newsletter

SCAA (Paul)

- Good entry in the County main and masters cross country championships
- Not yet heard regarding the South Downs relay. Luke to send Paul the top five male and female runners from the 2023 WSFRL for potential participants.
- Training is now on Tuesdays and Thursdays and proving very popular
- Clare is adding the occasional Monday session for those that can't make Tuesdays

AOB

- Awards were discussed. Categories decided and Luke, Jim and Paul to send over eligible runners for awards in WSFRL, Cross-Country / SCAA races and SGP.
- Runners of the Month for 2023 to be given awards or certificates.
- Lesley to check on availability of venue and dates and book venue. If possible Goffs Social Club for Sunday 24th March at 4pm.
- Runner of the Month. After discussion and a vote, the Runner of the Month is Greg Wierciak

After the meeting it was decided that Goffs was too crowded and too noisy. Future meetings to be held at Northgate Community Centre after the keep fit session starting at 7.45pm with a strict finish time of 9.00pm. Next meeting on Wednesday 21st February