

Minutes of committee meeting held on 29th July 2024 at Gossops Green Community Centre @19.00

Members present

James Mason	Y	Jim Scott	Y	Stella Daff	Y	David Penfold	N
Richard Daniells	Y	Luke Taylor	Y	Clare Hall	Y	Dan Smiles	Y
Roy Swetman	N	Martyn Flint	Y	Paul Luttman	Y	Nicky Wilson	Y
Lesley Bryant	Y	Debby Scott	Y	Nina Ware	N		

Chairman (James)

- Tilgate 5
 - First Aid is confirmed as covered
 - Contact details to be on the back of race numbers
 - We need a red marker pen
 - Another test of barcodes will be done
 - Martyn to check and further cut back path if necessary

Secretary (Richard)

- Tilgate parkrun takeover was very successful
- Richard has had comms with a runner who came training once before and he will be returning to training the next day
- Email received regarding selection of runners for the South Downs Relay. Richard to respond directly stating cut off time for the relay and that we missed the cutoff time for the last two years, hence having to select mainly quicker runners

Membership / UKA (Lesley)

- Volunteers for the Tilgate 5 coming in

WSFRL (Luke)

- Participation is slightly down on last year
- Currently 8th in the table with less of the faster runners taking part this year
- Half year AGM
 - League is changing Bank Accounts
 - 2023 Completers T-Shirts yet to be ordered
- Fittleworth are asking for volunteers for their race at the end of August
- Nick Baker is the only ever present for 2024
- New route for Highdown Hike

Suggestions / Social (Stella)

- Ten attended the Bottomless Brunch on 28th July at Zari's in Ifield
- parkrun tourism arranged for Victoria Dock (August) and Bromley (September) (Clare)
- Work with Jim re a Blue Plaque run if this is to take place this year

SGP (Jim)

- SGP Summer break with next race being in September at Hellingly
- We had 17 runners at Bewl and 20 at Phoenix races

- More races may be added for 2025 at the AGM after key committee positions have now been filled
- There is a push to extend the cutoff time for the Lewes 10 mile race

Kit / Website (Martyn)

- Kit orders now are arriving quicker
- No issues with the website

SCAA (Paul)

- Training on Tuesdays and Thursday continues to be well attended and is going well.

Welfare (Dan / Nina)

- Nothing new to report

Newsletter (Nicky)

- Nicky (and others) received a nutrition survey from Newcastle University. Normally these sort of unsolicited emails are ignored and deleted
- Request received from Run Reigate for volunteers. Ok to advertise in the newsletter, and volunteers get a free place in future events

AOB

- After a discussion and a couple of nominations, Sky was voted runner of the month for July, and James to send Nicky a write up for the newsletter

Next meeting is Monday 19th August at 7.00pm, at Gossops Green Community Centre