

## Minutes of committee meeting held on 30<sup>th</sup> November 2023 at Goffs Manor @19.00

Members present

James Mason	Y	Jim Scott	N	Stella Daff	Y	David Penfold	N
Richard Daniells	Y	Luke Taylor	Y	Clare Hall	N		
Roy Swetman	N	Martyn Flint	Y	Paul Luttman	Y	Nicky Wilson	N
Lesley Bryant	Y	Debby Scott	Y	Louise Mitchell	N		

Chairman (James)

- It has been brought up with James that we would get more people doing parkrun tourism if we had a set week each month rather than random dates. Also to publish tourism venues a few months in advance although being stated as subject to change.
- James will be signing up for the Run Leader course early in the New Year
- Venue is confirmed and booked for the AGM next week

Secretary (Richard)

- Louise will not stand for re-election to the committee due to work and availability reasons.
- Correspondence received around Mental Health and what we can do for those with Mental Health Issues – Debby agreed to write regular articles in the newsletter and providing links and understanding of barriers to help people run. She will also provide some run walk sessions in the New Year.
- Also received correspondence with a member feeling the committee were putting undue pressure on members to do roles eg Run Leader training etc Whereas the consensus did not feel this was the case, the point was noted and we will use the newsletter as much as possible to request people to take up additional roles.
- London Marathon place was officially confirmed that afternoon and the draw will take place at the AGM. At the time of the meeting five requests to enter the draw had been received.
- Emails for the AGM and London Marathon draw have been sent out.

Membership / UKA (Lesley)

- One new member in the last month.

Treasurer (Roy)

- Jess has completed the audit of the accounts and these will be presented at the AGM

WSFRL (Luke)

- We finished first at the Gunpowder trot and third overall for 2023
- Luke attended the WSFRL AGM
- Results from the Tilgate 5 were voided
- Henfield may be leaving the league.
- Goring are now known as the Worthing Gazelles.
- Race fees for 2024 are a max of £7.

- The new method of recording entries and results will be adopted for 2024

#### SGP (Jim)

- We finished 5<sup>th</sup> out of 22 clubs overall in 2023.
- We have a number of runners due to receive awards at the SGP Awards evening to be held in February.
- There will be three additional races in 2024, the qualifying number for awards will be upped to seven.

#### Suggestions / Social (Stella)

- 21 signed up for the Christmas meal next week.

#### Kit / Website (Martyn)

- Martyn presented a sample yellow shirt from a New Supplier. Only issue was it had the manufacturers logo and this was not allowed in the club constitution. We will seek an amendment to the constitution at the AGM.
- There is still a replication issue on the website but Martyn hopes to resolve.
- The auto renew of the old domain will be switched off.

#### Welfare (Debby)

- Debby wrote an article for the newsletter asking for a volunteer for a male Welfare but as yet no volunteers. Both male and female are recommended by England Athletics
- Debby will provide Run Walk sessions in the New Year

#### SCAA (Paul)

- Run Leaders have agreed to switch to Tuesday and Thursday for training nights. This will be trialled for three months starting January.
- More cross country events coming up including the County Championships on the first Saturday in January

#### L2R (Luke)

- Poster has been designed and published. Course will start 2<sup>nd</sup> January

#### AOB

- Runner of the Month. After discussion and a vote, the Runner of the Month for November is Theresa Wright. As there will be no December meeting and after further discussion this will be awarded to Cheryl Roscoe.
- Future meeting – As training is changing to Tuesday and Thursday, it was agreed that Committee Meeting from 2024 would be the third Wednesday of each month.
- Martyn and James then presented the main features of Spond. This will be used going forward for training booking, provide better details for Run Leaders, is more friendly than the existing training spreadsheet. It could hold membership details including emergency contacts should these be needed by Run Leaders. It can process automatic payments for Race entries, and provide general Club Management for Officers. It was agreed to start using this although the training spreadsheet would be used in parallel for December.

Next meeting will be at Goffs Manor on Wednesday 17<sup>th</sup> January 2024 @ 19.00.