

**SAINTS AND
SINNERS
CRAWLEY**



Saints and Sinners Crawley

West Sussex Fun Run League

**The Tilgate 5(ish) Fun Run
Including 1 Mile Junior Run**

Sunday 7th September 2025 – DEADLINE FOR WSFRL ENTRIES 3rd September

Junior 1 mile Race 10:30am – Senior 5 mile Race 11:00am

Venue and Parking	Registration Desk - What Three Words: into.ants.closer Tilgate Drive, Crawley RH10 5PQ Chargeable Parking is available in Tilgate Park (10 mins Walk to Start), surrounding roads are free Please do NOT park at the K2 Leisure Centre, the industrial estate or at Broadfield stadium The start will be clearly signposted and marshalled from both K2 and the main Tilgate Car park
Course	This approximate five-mile course starts and finishes just south of Tilgate Drive between the K2 Leisure Centre and Tilgate Park and is run on tracks and paths through the stunning woods of Tilgate. Due to the nature of the course this event is not suitable for under 16's and no dogs are allowed. Regrettably the terrain of the course also makes it unsuitable for wheelchair entries. PLEASE DO NOT CONGREGATE AT THE OLD FINISH LINE We have now implemented a 1 hour 30 Minute cut off time
Facilities	Toilets are located at the car park within Tilgate Park, approximately a 1km walk from the start. There will be water at the end of the race. Bags left at owners' risk.
Prizes	Medals for junior runners
Fees	WSFRL Members £5, Non-members £7, Juniors £1 On the Day Entries (CASH ONLY): Members £7, Non Members £10, Juniors £1
Entries	Send complete form entry to: raceentry@saintsandsinnersrun.co.uk Please make payment with reference T5 and your Club to: Crawley Saints and Sinners 30434213 20-23-98 Pre-entry numbers will be ready for collection on the morning of the race at the registration desk. Only Club Reps will be given the race numbers - unless otherwise indicated.

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Entry Form for the Tilgate 5(ish) - part of the West Sussex Fun Run League

Please complete one form per participant. Please print name and club name to make sure it's legible.

Please Select

5 Mile Senior Run

1 Mile Junior Run

First Name

Last Name

Club Name

Category

Male

Female

I agree that the organisers of this event shall not be liable for any accident, injury, loss or damage arising from my participation in this event. Signature _____ (Parent / Guardian for Under 16's)

The Race organisers will publish my Personal Information as part of the results of this event and may pass such information to the administrators of the West Sussex Fun Run League, to athletics governing bodies or to any affiliated organisation for the purpose of insurance, licensing, or for publishing results (either for the event alone or combined with or compared to other events). Results may include (but not be limited to) name, gender, any club affiliation and race times, and these details will be passed on to other clubs in the West Sussex Fun Run League and be published on websites (including, without limitation, West Sussex Fun Run League and Sussex Races).