February 2026 Newsletter

Dear Members and Friends of Sussex Road Runners,

Welcome to our February newsletter. We hope you had a great start to January and are now settling into a busy and rewarding month ahead.

Our Sussex Road Runners Club Championships are underway, and we encourage everyone to take part in as many events as possible. These competitions are a great way to support the club, stay motivated, and enjoy friendly competition throughout the year.

Thank you to everyone who has already been in touch with us regarding their membership renewal. If you haven't yet, please do so at your convenience so we can keep our records up to date.

We look forward to seeing many of you at upcoming events, training sessions, and club nights. If you have any questions or would like to get involved in something new, please reach out to us — we're always happy to help.

Kind regards,
Sussex Road Runners Club

Chairman's Corner

Hi All,

Hope you had a great start to the year.

Welcome back after a long break. We are up, ready to go, and we are ready for a busy year. Great news that the Sussex Road Runners Club Championships are underway and we have had a great start to the year with many members taking part in the Parkrun Club Challenge, the Sussex Road Runners Club Cross Country Championships and the Sussex Road Runners Club Road Championships. Thank you to everyone who has taken part so far and we look forward to seeing more members at upcoming events.

Sussex Road Runners Club Cross Country Championships are underway and we have had a great start to the year with many members taking part in the Sussex Road Runners Club Cross Country Championships. Thank you to everyone who has taken part so far and we look forward to seeing more members at upcoming events.

Sussex Road Runners Club Road Championships are underway and we have had a great start to the year with many members taking part in the Sussex Road Runners Club Road Championships. Thank you to everyone who has taken part so far and we look forward to seeing more members at upcoming events.

Sussex Road Runners Club Parkrun Club Challenge is underway and we have had a great start to the year with many members taking part in the Sussex Road Runners Club Parkrun Club Challenge. Thank you to everyone who has taken part so far and we look forward to seeing more members at upcoming events.

Thank you to Mark Gibbs for his work on the Club Champs.

Regards,

Runner of the Month - January - Emma Chapman

Our Runner of the month is Emma Chapman who has been a member of Sussex Road Runners for a year and has been a member of Sussex Road Runners Cross Country for a year. Emma has been a member of Sussex Road Runners Cross Country