

## **S&S March Committee Minutes**

**Meeting held virtually on Monday 23<sup>rd</sup> March 2026 at 19.00**

### **Attendees:**

James Mason (JM)	N	Dave Penfold (DP)	N
Richard Daniells (RD)	Y	Debby Scott (DS)	Y
Lesley Bryant (LB)	N	Jim Scott (JS)	N
Martyn Flint (MF)	Y	Luke Taylor (LT)	Y
Clare Hall (CH)	Y	Nina Ware (NW)	Y
Dan Smiles (DS)	Y	Paul Luttmann (PL)	Y
Stella Daff (SD)	N	Roy Swetman (RS)	Y

### **General**

Successful awards afternoon with £235 being raised for Martyn's London Marathon fund on behalf of St Catherines Hospice

### **Club secretary**

All committee meetings until the end of the year added to Spond

### **Membership**

No new members in the last month

Email and Spond invoices regarding 2026 membership and UKA to be sent out to all members.

Individual UKA fee has gone up to £23. Lesley to send details of benefits to Martyn for inclusion in the newsletter.

Club UKA fee of £210 to be paid on April 1<sup>st</sup>.

### **Treasurer**

Roy provided historic bank account balances for 31<sup>st</sup> December and 21<sup>st</sup> March going back to 2017

Roy also provided a breakdown of Tilgate 5 costs for last year. These came to just under £1150.

## **Training**

Summer training starts 31st March. All sessions to be at Tilgate park

Neighbourhood runs to be put on every 4 weeks, starting on 2nd April at Furnace Green.

Clare to continue to offer weekly social runs

Horley Harriers to confirm track dates for the rest of the year.

Debby to continue to offer Walk and Talk sessions as and when

## **XC country / Road Races / Relays**

Sussex Road Relays on 4<sup>th</sup> April. We currently have 9 runners signed up, and Paul will enter 3 teams

## **WSFRL**

Completer T shirts still pending. Luke is chasing.

Fittleworth. We had 9 runners. The results have not yet been published.

In April there is Lewes 10K (currently 11 signed up) and a new race, the Chicken Run (currently 9 signed up)

ARC fees have been paid and all permits received

## **Tilgate 5**

JM to update next meeting regarding hiring Girl Guides hut for toilet hire

JM to get meeting organised with subcommittee

## **SGP**

Hastings half, 9 Runners, league results not yet published.

No races in April, but four coming up in May. These are:

- Haywards Heath 10 miles on 3<sup>rd</sup> May
- Horsham 10k on 10<sup>th</sup> May

- Rye 10 miles on 17<sup>th</sup> May
- Hastings 5 miles on 31<sup>st</sup> May

## **Kit**

Back on track, delivery within 3/4 weeks

A request was made to add a pullover hoodie. This has now been added to the kit page on the website

A request has been made to add tracksuit bottoms. Martyn to enquire with supplier.

## **Club standards**

In order for the Club to register with England Athletics for 2026, we need to have a Club Standards score of 7 out of 7. We have achieved this.

## **Website / IT**

All new email accounts setup and details published in the March newsletter

## **Social**

Successful tourism in March at Tonbridge.

Next Parkrun tourism – 9<sup>th</sup> May at Hoblingwell

## **Welfare**

N/A

## **AOB**

Parkrun takeover

- Tilgate parkrun Core Team have confirmed our takeover dates for 2026. These are 16th May and 17th October. Luke to coordinate volunteers in May and Lesley in October

Tilgate parkrun defibrillator.

- It is now a mandatory requirement for all parkrun events to have their own dedicated AED / defibrillator. Tilgate parkrun are trying to raise funds to

purchase their own AED, the existing one is currently shared. As so many of our runners take part each week in Tilgate parkrun, it has been suggested that we make a donation towards this. It was agreed that as a club we would donate £50, and Richard to submit an article for the newsletter encouraging members to donate individually as well.

Runner of the Month.

- This was agreed and will be announced in the next newsletter. Richard to submit writeup to Martyn.

Next meeting is on 27<sup>th</sup> April at 19.00 at Our Lady Queen of Heaven Catholic Primary School